

# GIG 365

**Short is the little time which remains to thee of life. Live as on a mountain.**

*Marcus Aurelius, Meditations*

The journey of creating music with people in a live setting is the closest I have come to experiencing a universal truth on a consistent basis. While the music usually has a personal meaning for each person involved in experiencing it, everyone shares in the witnessing of its creation through the act of collective listening.

I have reached a point in my life where it is time to take deeper and more mindful steps along the road I have been traveling since I first started creating and performing music as a child. For me, music has become a vehicle and facilitator in the search for a greater truth about ourselves.

**Almost everybody walks around with a vast burden of imaginary limitations inside his head. While the burden remains, personal success is as difficult to achieve as the conquest of Everest with a sack of rocks tied to your back.**

*J. H. Brennan, author*

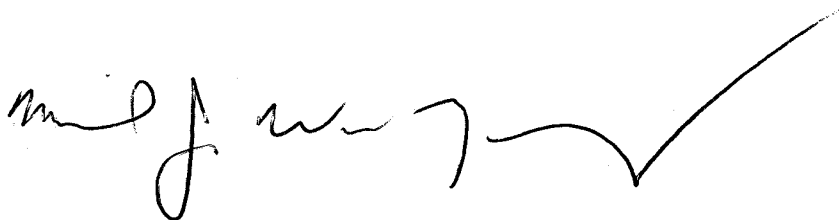
So why 365 days?

24 hours is one day. A day represents one complete rotation of our planet earth on its axis. 365 days represent one complete revolution of the earth around the sun. We call this complete orbit a year. All of our lives are measured in years. The seasons, birthdays, and holidays come around every year, without fail. Perhaps we live in circles of 365 degrees, not 360?

I believe that we carry meaningful experiences within our flesh, our words, our actions. We carry meaningful people within our hearts. Creating music in diverse settings with people from a wide variety of backgrounds over 365 consecutive days will be a journey of discovery. The music will reflect the experiences and cumulative energy gathered over the year. My hope for the audience (whom I consider collaborators), other musicians who participate, and myself is that this journey will lead to an increased understanding of the nature of music, humanity, and individual identity.

**It is not the mountain we conquer but ourselves.**

*Edmund Hillary (first to successfully climb Mount Everest in 1953)*



[www.gig365.com](http://www.gig365.com)

[www.mjwb.co.uk](http://www.mjwb.co.uk)